



# Taekwondo In Action

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| Time        |    | MON                       | TUE                                   | WED                       | THUR                                  | FRI                        | SAT                       |
|-------------|----|---------------------------|---------------------------------------|---------------------------|---------------------------------------|----------------------------|---------------------------|
| 5:10-5:50   | D1 | TINY TIGERS               | CHILDREN<br>All Color Belt            | TINY TIGERS               | CHILDREN<br>All Color Belt            | TINY TIGERS                | 9:30 – 10:10AM            |
|             | D2 | Beginners<br>Intermediate | (White – Black Belt)<br>No Tiny Tiger | Beginners<br>Intermediate | (White – Black Belt)<br>No Tiny Tiger | Beginners<br>Intermediate  | Advanced &<br>Black Belt  |
| 5:50 – 6:30 | D1 | Beginners<br>Intermediate | Advanced &<br>Black Belt              | Beginners<br>Intermediate | Advanced &<br>Black Belt              | CHILDREN<br>All Color Belt | 10:10 – 10:50AM           |
|             | D2 | TINY TIGERS               | TINY TIGERS                           | TINY TIGERS               | TINY TIGERS                           | (White – Red Belt)         | Beginners<br>Intermediate |
| 6:30 – 7:10 | D1 | Advanced &<br>Black Belt  | Beginners<br>Intermediate             | Advanced &<br>Black Belt  | Beginners<br>Intermediate             | Advanced &<br>Black Belt   | 10:50 – 11:30AM           |
|             | D2 |                           | TINY TIGERS                           |                           | TINY TIGERS                           |                            | TINY TIGERS               |
| 7:10 – 7:50 | D1 | Black Belt                | Black Belt                            | Black Belt                | Black Belt                            | Teens & Adult<br>Family    |                           |
|             | D2 |                           |                                       |                           | Demo Team<br>Practice                 |                            |                           |
| 7:50 – 8:30 | D1 | Teens & Adult<br>Family   | GUMDO                                 | Teens & Adult<br>Family   | Demo Team<br>Practice                 |                            |                           |

**Beginners:** White, White Stripe, Yellow, Yellow Stripe | **Intermediate:** Green, Green Stripe, Blue | **Advanced:** Blue Stripe, Brown, Brown Stripe, Red