



# Taekwondo In Action

5712 Pickwick Rd. Centreville VA 20121  
 Centreville: 703- 266-1222 | [centreville@tkdinaction.com](mailto:centreville@tkdinaction.com)

Website – [www.TKDinaction.com](http://www.TKDinaction.com)  
 Facebook: <https://www.facebook.com/tkdinaction/>  
 Instagram: @taekwondoinaction



Time		MON	TUE	WED	THUR	FRI	SAT
5:10-5:50	D1	Beginners Intermediate	Advanced & Black Belt	Beginners Intermediate	Advanced & Black Belt	TINY TIGERS	9:30 - 10:10AM
	D2	TINY TIGERS	Beginners Intermediate	TINY TIGERS	Beginners Intermediate	Beginners Intermediate	Advanced & Black Belt
5:50 - 6:30	D1	TINY TIGERS	Advanced & Black Belt	TINY TIGERS	Advanced & Black Belt	CHILDREN All Color Belt (White - Red Belt)	10:10 - 10:50AM
	D2	Beginners Intermediate	TINY TIGERS	Beginners Intermediate	TINY TIGERS		Beginners Intermediate
6:30 - 7:10	D1	Advanced & Black Belt	Beginners Intermediate	Advanced & Black Belt	Beginners Intermediate	Advanced & Black Belt	10:50 - 11:30AM
	D2		TINY TIGERS		TINY TIGERS		TINY TIGERS
7:10 - 7:50	D1	Black Belt	Black Belt	Black Belt	Black Belt	Teens & Adult Family	
	D2						
7:50 - 8:30	D1	Teens & Adult Family	GUMDO	Teens & Adult Family	GUMDO		

**Beginners:** White, White Stripe, Yellow, Yellow Stripe | **Intermediate:** Green, Green Stripe, Blue | **Advanced:** Blue Stripe, Brown, Brown Stripe, Red