

# Taekwondo In Action

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| Time        | MON                       | TUE                       | WED                       | THUR                      | FRI                       |
|-------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| 5:10-5:50   | TINY TIGERS               | Beginners<br>Intermediate | TINY TIGERS               | Beginners<br>Intermediate | TINY TIGERS               |
| 5:50 - 6:30 | Beginners<br>Intermediate | TINY TIGERS               | Beginners<br>Intermediate | TINY TIGERS               | Beginners<br>Intermediate |
| 6:30 - 7:10 | Advanced &<br>Black Belt  | Advanced &<br>Black Belt  | Advanced &<br>Black Belt  | Advanced &<br>Black Belt  | Advanced &<br>Black Belt  |

**Beginners:** White, White Stripe, Yellow, Yellow Stripe | **Intermediate:** Green, Green Stripe, Blue | **Advanced:** Blue Stripe, Brown, Brown Stripe, Red