



# Taekwondo In Action



Centreville: (703) 266-1222 | taekwondoinaction@gmail.com

Time		MON	TUE	WED	THUR	FRI	SAT
5:10-5:50	D1	Beginners Intermediate	Advanced & Black Belt	Beginners Intermediate	Advanced & Black Belt	TINY TIGERS	9:30 - 10:10AM
	D2	TINY TIGERS	Beginners Intermediate	TINY TIGERS	Beginners Intermediate	Beginners Intermediate	Advanced & Black Belt
C sdc 5:50 - 6:30	D1	TINY TIGERS	Advanced & Black Belt	TINY TIGERS	Advanced & Black Belt	CHILDREN All Color Belt (White - Red Belt)	10:10 - 10:50AM
	D2	Beginners Intermediate	TINY TIGERS	Beginners Intermediate	TINY TIGERS		Beginners Intermediate
6:30 - 7:10	D1	Advanced & Black Belt	Beginners Intermediate	Advanced & Black Belt	Beginners Intermediate	Advanced & Black Belt	10:50 - 11:30AM
	D2		TINY TIGERS		TINY TIGERS		TINY TIGERS
7:10 - 7:50	D1	Black Belt	Black Belt	Black Belt	Black Belt	Teens & Adult Family	
	D2						
7:50 - 8:30	D1	Teens & Adult Family	GUMDO	Teens & Adult Family	GUMDO		

**Beginners:** White, White Stripe, Yellow, Yellow Stripe | **Intermediate:** Green, Green Stripe, Blue | **Advanced:** Blue Stripe, Brown, Brown Stripe, Red