



Taekwondo In Action
 5712 Pickwick Rd. Centreville, VA 20121
 (703) 266- 1222 www.TKDinaction.com



Class Schedule

(Starting from 1/6/2020)

Time		MON	TUE	WED	THUR	FRI	SAT
5:10 - 5:55	D1	Intermediate	Black Belt	Intermediate	Black Belt	TINY TIGERS	10:00 - 10:45 AM Intermediate Advanced Black Belt
	D2	Advanced & Black Belt	Beginners	Advanced & Black Belt	Beginners	Beginners	
5:55 - 6:40	D1	Beginners	Advanced Intermediate	Beginners	Advanced Intermediate	Beginners	10:45 - 11:30 AM Children All Belts
	D2	TINY TIGERS	TINY TIGERS	TINY TIGERS	TINY TIGERS	Intermediate	
6:40 - 7:25	D1	Advanced & Black Belt	Beginners Intermediate	Advanced & Black Belt	Beginners Intermediate	Advanced & Black Belt	11:30AM-12:15PM TINY TIGERS All Belts
	D2	TINY TIGERS	TINY TIGERS	TINY TIGERS	TINY TIGERS	Sparring Class	
7:25 - 8:10	D1	Black Belt	Black Belt	Black Belt	Black Belt	Teens/Adult Family	
	D2	2 nd & up degree B.B.	2 nd & up degree B.B.	2 nd & up degree B.B.	2 nd & up degree B.B.	Children Family	
8:10 - 8:55		Teens/Adult Family	GUMDO	Teens/Adult Family	GUMDO		 1:00~ Birthday Parties with Masters
		Children Family		Children Family			

Beginners: White, White Stripe, Yellow, Yellow Stripe | **Intermediate:** Green, Green Stripe, Blue | **Advanced:** Blue Stripe, Brown, Brown Stripe, Red