



# Taekwondo In Action

11395 Government Center Pkwy, Fairfax VA 22030

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## Fairfax Class Schedule

### TINY TIGERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:15 – 6:00	-	5:15 – 6:00	-	5:15 – 6:00	11:30 – 12:15

### BEGINNERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 – 6:45	5:15 – 6:00 6:00 – 6:45	6:00 – 6:45	5:15 – 6:00 6:00 – 6:45	6:00 – 6:45	10:45 – 11:30

### INTERMEDIATE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 – 6:45	5:15 – 6:00	6:00 – 6:45	5:15 – 6:00	6:00 – 6:45	10:00 – 10:45

### ADVANCED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:45 – 7:30	-	6:45 – 7:30	-	6:45 – 7:30	10:00 – 10:45

### BLACK BELT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:45 – 7:30	-	6:45 – 7:30	-	6:45 – 7:30	10:45 – 11:30

### TINY TIGERS & BEGINNERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
-	6:00 – 6:45	-	6:00 – 6:45	-	-

### FAMILY & TINY TIGERS (All Belts)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
-	6:45 – 7:30	-	6:45 – 7:30	-	-

#### BEGINNERS

WHITE  
WHITE STRIPE  
YELLOW  
YELLOW STRIPE

#### INTERMEDIATE

GREEN  
GREEN STRIPE  
BLUE

#### ADVANCED

BLUE STRIPE  
BROWN  
BROWN STRIPE  
RED