




**Taekwondo In Action**  
 5712 Pickwick Rd. Centreville, VA 20121  
 (703) 266- 1222 www.TKDinaction.com



## Class Schedule

Time		MON	TUE	WED	THUR	FRI	SAT
5:00 - 5:45	D1	Intermediate	Beginners	Intermediate	Beginners	TINY TIGERS	10:00 - 10:45 AM Intermediate Advanced Black Belt
	D2	Advanced & Black Belt	Intermediate	Advanced & Black Belt	Intermediate	Beginners	
5:45 - 6:30	D1	Beginners	Advanced & Black Belt	Beginners	Advanced & Black Belt	Beginners	10:45 - 11:30 AM Children All Belts
	D2	TINY TIGERS	TINY TIGERS	TINY TIGERS	TINY TIGERS	Intermediate	
6:30 - 7:15	D1	Advanced	Beginners Intermediate	Advanced	Beginners Intermediate	Advanced & Black Belt	11:30AM-12:15PM TINY TIGERS All Belts
	D2	Black Belt	TINY TIGERS	Black Belt	TINY TIGERS	Sparring Class	
7:15 - 8:00	D1	Black Belt	Black Belt	Black Belt	Black Belt	Teens/Adult Family	
	D2	2 <sup>nd</sup> & up degree B.B.	2 <sup>nd</sup> & up degree B.B.	2 <sup>nd</sup> & up degree B.B.	2 <sup>nd</sup> & up degree B.B.	Children Family	
8:00 - 8:45		Teens/Adult Family	GUMDO	Teens/Adult Family	GUMDO		 1:00~ Birthday Parties with Masters
		Children Family		Children Family			

**Beginners:** White, White Stripe, Yellow, Yellow Stripe | **Intermediate:** Green, Green Stripe, Blue | **Advanced:** Blue Stripe, Brown, Brown Stripe, Red